

About the Organisation

Impuls Rhein-Main e. V. is a non-profit organisation working in the fields of youth, family, integration and education. The association develops needs-based support services for people in different social life situations and accompanies them on their path towards greater participation, independence, and professional as well as social integration.

Its work is guided by the principles of empowerment and support for self-help, intercultural openness, diversity, democracy and equal participation.



Funding Notice

The project is funded through the Training and Qualification Budget (Ausbildungs- und Qualifizierungsbudget – AQB) of the State of Hesse.

The Youth and Social Welfare Office of the City of Frankfurt am Main contributes through co-financing.



HESSEN
Hessisches Ministerium
für Arbeit, Integration,
Jugend und Soziales



Ermöglicht durch das
Sozialbudget



ARBEITSWELT
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STADT FRANKFURT AM MAIN



JUGEND- &
SOZIALAMT
Wir bieten Hilfe an.



Contact and Registration

An appointment must be arranged in advance.



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Directions



Public transport:

Tram line 11,
Stop: Arthur-von-Weinberg-Steg

Bus line 551,
Stop: Schießhüttenstraße

Bus line 44,
Stop: Pfortenstraße

Passgenau – Women in Employment and Vocational Training

Finding orientation.
Recognising strengths.
Developing perspectives.

Passgenau is a support programme for women from the Rhine-Main region who would like to clarify their professional opportunities in Germany, strengthen their own skills and competencies, and take the next steps towards employment, vocational training, education or qualification.



Arrive. Strengthen. Move forward.

Support on the path towards independence, professional development and social participation

Developing your own professional perspective is an important step towards independence, security and social participation. Career orientation and labour market integration are often closely connected to language skills, family responsibilities, legal questions and personal life circumstances.

Passgenau provides support exactly at this point. The programme helps women assess their opportunities realistically, make their own skills and competencies visible, and develop suitable next steps.

The aim is not only quick placement, but a sustainable perspective: a path that matches the participant's skills, requirements, goals and life circumstances and can remain stable in the long term.



Target group

Passgenau is aimed at women with a refugee background from the Rhine-Main region who need support with career orientation, entering or re-entering working life, and developing a sustainable life and career perspective.



Passgenau can support you if ...



You would like to move forward professionally but do not yet know which path is realistic and suitable for you in Germany.



You would like to start employment, vocational training, a qualification programme, further training or an educational pathway, but still need orientation or preparation.



You would like to return to working life after a family phase, a longer break or a period without employment.



You need support with job applications, your CV, job interviews or finding suitable opportunities.



You would like to improve your German language skills, computer/IT skills or professional foundations.



You have questions about childcare, family, authorities, residence status, work permits, asylum procedures or the recognition of your qualifications.



You are experiencing psychosocial stress that makes your everyday life, stability or professional path more difficult.



You would like to develop more self-confidence and recognise your own strengths more clearly.



Enabling women. Finding pathways. Shaping the future.

Passgenau offers women a protected space for exchange, orientation and mutual enablement. Together, personal strengths, experiences and goals are made visible, self-confidence is built, and suitable next steps for each woman's own professional path are developed.

In discussion groups, group activities, workshops and coaching sessions, different topics can be addressed, for example:

- personal strengths and career goals
- self-confidence and enablement
- balancing family, everyday life and work
- women's rights and opportunities in Germany
- role models, expectations and personal life planning
- communication, professional appearance and self-advocacy
- dealing with uncertainty, pressure or family expectations
- exchange with other women and mutual support

Passgenau supports women in developing new perspectives, strengthening their personal decision-making ability and gaining more confidence, agency and security for their own professional and personal path.



Multilingual Support

The programme takes language barriers into account as a key factor in the counselling and integration process. Counselling, orientation and guidance are provided in a language-sensitive way and — depending on availability — in several languages, so that important information can be understood and sustainable decisions can be made.



Possible languages: German, English, Farsi/Dari, Pashto, Turkish and Arabic.